

The criteria listed below will be used to evaluate each candidate during the tryout process. As you practice, you may want someone evaluate you as the judges would in each category. Your evaluation begins on the first day day-attitude, appearance, form, timeliness, following instructions, etc. You may lose points for being late, being disrespectful and/or not following directions.

PLEASE NOTE: IF YOU HAVE POOR TEACHER RECOMMENDATIONS, WE HAVE THE RIGHT TO NOT PLACE YOU ON A TEAM. WE ARE FOCUSING ON BUILDING A PROGRAM THAT IS POSITIVE, ENTHUSIASTIC, AND RESPECTFUL. If you have any questions, please contact Coach Sarah, Coach Lexi, or Mrs. Fenwick.

**Appearance:**

- Confident and enthusiastic
- White Shirt
- Black Shorts
- Hair pulled back, bow is optional
- Appropriate makeup
- NO jewelry or gum
- Number will be marked on right leg

**Knowledge:**

- Confidently exhibits cheers/jumps/motions/dance
- Does not look around to others for help
- Few mistakes, does not draw attention for mistakes

**Jumps:**

- Knows required jump (toe touch, pike, front hurdler, double whip)
- Good height, proper arm and leg positioning (pointed toes, no flying arms)  
- Excellent: legs above 180, Good: legs at 180, Needs Improvement: legs below 180
- Solid landing

**Cheer/Dance:**

- Sharp, precise movements
- Loud voice projections
- Synchronized with other candidates
- Energetic/enthusiastic
- Correct motions
- Correct timing
- Does not look around to others for help
- Few mistakes, does not draw attention for mistakes

**Tumbling pick one standing and one running:**

- Handstand, handstand fall to bridge, backbend, kick over
- Cartwheel/round off
- Standing back handspring
- Round off back handspring
- Additional running tumbling (front handsprings, back tucks, full)

**Stunting:**

- Each position will be evaluated by one person
- You can be part of more than one stunt group but only evaluated for one
- You may choose your own group or we may choose for you